

My Prayer Book

Basic Prayers

2nd Grade

Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen

Our Father (The Lord's Prayer)

Our Father, who are in Heaven, hallowed be Thy Name; Thy Kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

Hail Mary

Hail Mary full of grace. The Lord is with thee. Blessed are thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Grace before Meals

Bless us, O Lord, and these your gifts, which we are about to receive from your bounty. Through Christ our Lord. Amen.

Genuflection (Method and Meaning)

Genuflection is defined as '*A reverence made by bending the knee, especially to express adoration of the Blessed Sacrament*' (CCC 1378). As we walk into the house of God, a church, we show our adoration for Him by kneeling before Him.

Rosary

The Joyful Mysteries

- 1. The Annunciation**
Mary learns that she has been chosen to be the mother of Jesus.
- 2. The Visitation**
Mary visits Elizabeth, who tells her that she will always be remembered.
- 3. The Nativity**
Jesus is born in a stable in Bethlehem.

4. The Presentation

Mary and Joseph take the infant Jesus to the Temple to present him to God.

5. The Finding of Jesus in the Temple

Jesus is found in the Temple discussing his faith with the teachers.

The Mysteries of Light

1. **The Baptism of Jesus in the River Jordan**
God proclaims that Jesus is his beloved Son.
2. **The Wedding Feast at Cana**
At Mary's request, Jesus performs his first miracle.
3. **The Proclamation of the Kingdom of God**
Jesus calls all to conversion and service to the Kingdom.
4. **The Transfiguration of Jesus**
Jesus is revealed in glory to Peter, James, and John.
5. **The Institution of the Eucharist**
Jesus offers his Body and Blood at the Last Supper.

The Sorrowful Mysteries

1. **The Agony in the Garden**
Jesus prays in the Garden of Gethsemane on the night before he dies.
2. **The Scourging at the Pillar**
Jesus is lashed with whips.
3. **The Crowning with Thorns**
Jesus is mocked and crowned with thorns.
4. **The Carrying of the Cross**
Jesus carries the cross that will be used to crucify him.
5. **The Crucifixion**
Jesus is nailed to the cross and dies.

The Glorious Mysteries

1. **The Resurrection**
God the Father raises Jesus from the dead.
2. **The Ascension**
Jesus returns to his Father in heaven.
3. **The Coming of the Holy Spirit**
The Holy Spirit comes to bring new life to the disciples.

4. **The Assumption of Mary**

At the end of her life on earth, Mary is taken body and soul into heaven.

5. **The Coronation of Mary**

Mary is crowned as Queen of Heaven and Earth.

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins because of Thy just punishments, but most of all because they offend Thee, my God, Who art all-good and deserving of all my love. I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin.

Guardian Angel

Angel of God, my Guardian dear, to whom His love commits me here, ever this day (or night) be at my side, to light and guard, to rule and guide. Amen.

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you all my prayers, works, and suffering of this day: for all the intentions of your Sacred heart, in union with the holy sacrifice of the Mass throughout the world, in reparation for all my sins, for the intentions of all our associates, and in particular, for the intention of our Holy Father, Amen.

Terms to Know

- Alleluia
- Baptism
- Bible
- Church
- Commandments
- Creation
- Eucharist
- God
- Jesus
- Obedience
- Parable
- Prayer
- Respect
- Saint/Sainthood
- "Yes to God"
- Grace
- Heaven
- Hero
- Holy Family
- Parts of the Mass
(CCC 13451419)